

Term 4

Physical Education overview



Florin Velea
Reception - Year 4

The Physical Education program aims to:

- Provide students with opportunities to explore and develop movement skills, understand movement, and learn through movement.
- Offer students a quality environment to interact and contribute to a safe and active community being socially involved at different levels and in different groups.
- Support students to develop sportsmanship, optimism, a positive attitude, friendship, and teamwork.
- Provide opportunities to all students to explore their favourite skills and develop an interest in playing sports outside the school for the long term eg local sporting clubs.

The Physical Education program provides one lesson a week for each class in Reception to Year 6 and is focused on the following curriculum areas:

- Fundamental movement skills and active play (including fundamental movement skills, understanding movement, learning through movement, and playing/group activities)
- Personal, social, and community skills (including group interactions, a safe and active life, being part of a team, and an active community).

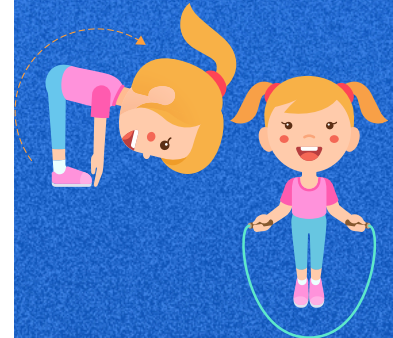
The PE program for Reception to Year 4 in Term 4 will include a range of activities designed to offer students opportunities to use and apply skills, they have developed throughout the year at a higher level of difficulty according to their age. These activities will include complex exercises and obstacle courses, focussing on team strategies and modified games incorporating specific actions and combinations.

Additionally, particular lessons will be allocated to assess students' achievement in physical education according to the requirements of the Australian Curriculum. Also, for junior primary classes, we have organised free cricket clinics delivered by SACA.

Upper Primary PE

To begin the term, students will spend the first two weeks revisiting skills taught in the previous terms such as net and wall sports, invasion sports, and target sports with an emphasis on cooperation and teamwork skills.

Each term we have investigated a different category of sports. To follow on from the first term's net and wall sport (tennis), second term's invasion sport (Aussie Rules Football) third term's target sport (golf), we will be looking at striking and fielding sports with a focus on tee-ball. Tee-ball is a team sport and a simplified form of baseball or softball. It is intended as an introduction for children to develop bat-and-ball game skills. Students will learn the basic skills of throwing and catching, striking the stationary ball into the field of play as well as rules and strategies of the game.



Andy Read
Year 5 - 6

